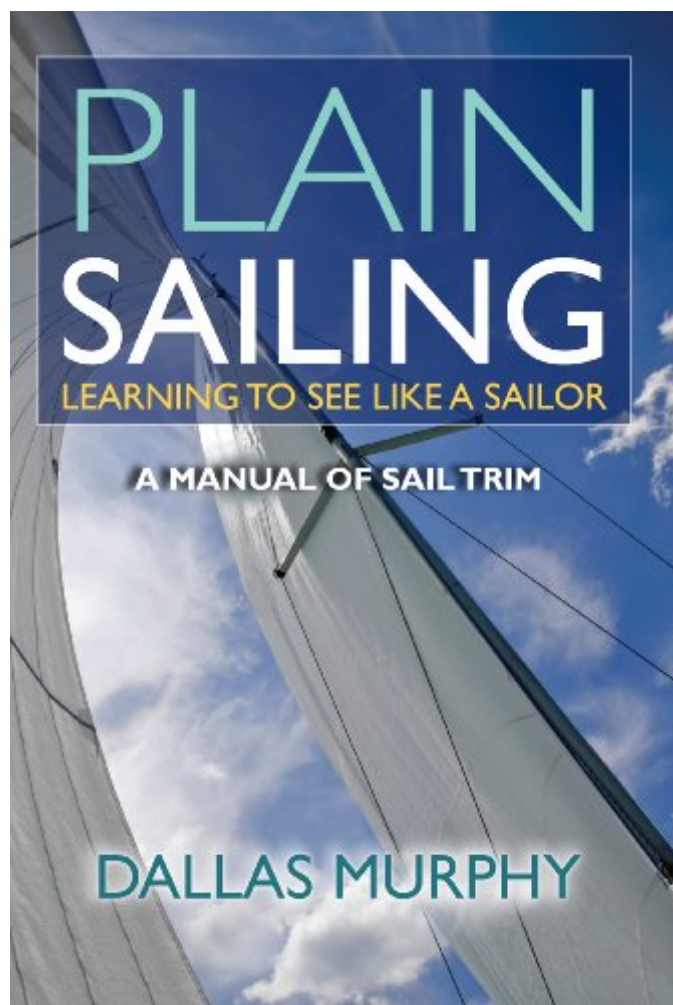


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# Plain Sailing: The Sail-Trim Manual For New Sailors



## Synopsis

By focusing on “wind awareness,” Plain Sailing will help all sailors better understand the principles and practice of sail trim • how to adjust sails so they interact most efficiently with the wind. There is a direct relationship between sailing efficiency and sailing fun. Knowing when, how, and why to trim your sails is the essence of sailing. If you understand trim, you understand sailing.

## Book Information

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## Customer Reviews

Plain sailing is just what it says in the title. There is not the usual hubris one finds in most sailing books that tend to intimidate rather than teach. Terms are explained in a clear and understandable manner. I loved this book and will re-read it to refresh the concepts he so lucidly explains.

If you're a competent sailor who's trying to develop your skills, you're unlikely to find much new material here. However, this is a great book for new sailors. As such it would have benefited from more diagrams and pictures to support the explanations in the text.

Really well-written, and well-presented book. This is my favorite sailing book out of the small library that I own. I'm super impressed and happy with this book. I will probably re-read and highlight some things as soon as I've finished the last page.

Found little value for sailors with a few miles and presented to be too confusing for new sailors. Bit of an odd duck.

This is a very clearly written book, particularly for a beginning sailor like me. Plenty of simple explanations to satisfy someone curious enough about the mechanics, but not overwhelming. I love this book, and my copy is full of pencil marks where I highlighted learning points for myself. I will certainly return to this book over and over again.

Good book for beginners through intermediate. Intermediate sailors may feel like i do, that the too much time is spent on the very basics with many stories and ways to remember the material.

I have been sailing for two years (as a retired senior fulfilling an old dream) and of the many books I've read about beginning sailing this one is by far the best written and the one to explain the basics of sailing with clarity and by emphasizing the importance of understanding wind. I only wish this would have been the first book I read about sailing.

Best sailing instruction book I've read - out of dozens. This book is loaded with practical information and offers a look into the reasoning behind sail trim. This is the one book that you will read from cover to cover, and refer back to often.

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